

First Aid	Leader Initials
Explain what First Aid is. Tell how to act in the case of an emergency.	
Show first aid for the following:	
☐ Simple cuts, scrapes, and scratches       ☐ Minor Burns and Scalds         ☐ Blisters on the hand and foot       ☐ Bites or Stings from Insects         ☐ Venomous Snakebite       ☐ Nosebleed         ☐ Object in the Eye       ☐ Frostbite and Sunburn	
Show how to treat for shock.	
Demonstrate what to do for the following "hurry" cases:  Serious Bleeding Internal Poisoning Heart Attack	
Explain first aid for puncture wounds from a splinter, nail, or fishhook.	
Tell the five most common signs of a heart attack. Tell what action you should take	е.
Show first aid for the following:  Serious Burns Heat Exhaustion Dehydration Bite from a suspected rabid animal	
Demonstrate bandages for a sprained ankle and for injuries on the head, upper arm, and the colorbone.	
Explain the steps in Cardiopulmonary Resuscitation (CPR)	
What is the universal sign for choking? Explain what to do when someone is choki	ng.
Describe the signs of a broken bone. Tell the first aid rules for handling fractures, including compund fractures.	
On a person lying down, and using improvised materials, show the first aid for the following fractures:    Forearm	
Tell the dangers of moving a seriously injured person.  -If an injured person must be moved, tell how you would decide what way to do itShow alone, and again with help, two carries for moving an injured personImprovise a stretcher. With helpers, under your direction, move a presumably	





<b>Drienteering</b>	Leader Initials	•
Demonstrate how to find directions during the day and at night without using a compass	s.	
Explain and Demonstrate how a compass works and how to orient a map.   Describe the features of an orienteering compass.   In the field, show how to take a compass bearing and follow it.		a.e
Using a map and compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items.		W
Using a topographic map, do the following:  -Point out and name five terrain features on a map and in the field.  -Point out and name 10 symbols on a topographic map.  -Explain the meaning of declination. Tell why you must consider declination when using a map and compass together.  -Show how to measure distances on a map using an orienteering compass.		S
Teach orienteering techniques to one or more new scouts. Have the new scout(s) demonstrate to an adult leader that they have learned the skill.		
liking	Leader Initials	•
Tell how to take a safe hike under the following conditions: -Cross Country		
Tell how to keep from getting lost.   Tell what to do if you are lost.		
Discuss the proper choice of footwear, and proper care of feet and footwear needed for a hike. Explain the importance of staying well-hydrated during a trek.		
Take a 10 mile hike in a place of interest outside of your own town with your troop, or patrol. Wear the right clothing and take the right equipment.  After you get back, tell what you did and what you learned.		
Prepare a personal first aid kit to take with you on a hike.		
Discuss the prevention of and treatment for the following health concerns that could occur while backpacking:  Hypothermia  Heat Reactions  Frostbite  Dehydration		
Insect Stings		





				Leader Initials	
Demonstrate that you Square Knot  Taut-line Hitch	sheet Bend  Clove Hitch	following knots and tell w Two Half Hitches Timber Hitch	hat their uses are:  Bowline   Figure Eight		
Demonstrate how to	whip and fuse the end	l of a rope.			
Teach the following k Square Knot  Clove Hitch	nots to one or more n Taut-line Hitch Bowline				
Have the new scout(s	) demonstrate to an a	adult leader that they hav	e learned the skill.		
		se lashings. Then demons	strate tying the	Leader Initials	
Discuss when you sho timber hitch and clov		se lashings. Then demons in the following lashings:	strate tying the	Leader Initials	
-Square Lashing -Shear Lashing					
-Shear Lashing -Diagonal Lashing -Round Lashing	a useful camp gadge	et. Make use of this gadg	et for an entire		
-Shear Lashing -Diagonal Lashing -Round Lashing		et. Make use of this gadg	et for an entire		
-Shear Lashing -Diagonal Lashing -Round Lashing Using lashings, make troop or patrol campi Using lashings, const	ng trip. truct a flagpole of at I aise the American or	et. Make use of this gadg least 15 feet high using th Troop Flag in a flag cerem	ree or more poles.		
-Shear Lashing -Diagonal Lashing -Round Lashing -Round Lashing Using lashings, make troop or patrol campi Using lashings, const Use this flagpole to rathese flags for an ent Using lashings, const -A bridge of at least -A tower of at least s scouts standing on	ng trip.  truct a flagpole of at I aise the American or ire day .  truct one of the follow 12 feet in length over 8 feet in height that c a flat platform on top	least 15 feet high using the Troop Flag in a flag cerement ving: r a small creek or ravine an support at least 2	rree or more poles. ony, and maintain		





Fire Building and Safety	Leader Initials	
Earn Firem'n Chit and demonstrate a strong knowledge of this responsibility.		
Using three different methods (other than matches), build and light three fires.		d
Teach a scout (that does not have the card) Firem'n Chit		8
Have the scout(s) demonstrate to an adult leader that they have learned the skill.		
Voods Tools	Leader Initials	
Woods Tools  Farm Totin' Chit and demonstrate a strong knowledge of this responsibility	Leader Initials	
<b>Voods Tools</b> Earn Totin' Chit and demonstrate a strong knowledge of this responsibility.	Leader Initials	_
	Leader Initials	
Earn Totin' Chit and demonstrate a strong knowledge of this responsibility.  Using the proper tools, do the following:  Make 6 fuzz sticks and use them in starting a fire	Leader Initials	
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Earn Totin' Chit and demonstrate a strong knowledge of this responsibility.  Using the proper tools, do the following:  Make 6 fuzz sticks and use them in starting a fire  Make 4 tent pegs and use them to secure a tent for an entire campout	Leader Initials	

